



ICF TERMINOLOGY

- **Body function** ⇨ the physiological and psychological functions of body systems
 - Physiological function: respiration, vision, sensation, pain, muscle performance and movement
 - Psychological function: attention, memory, emotion, thought and language
- **Body structure** ⇨ anatomical parts of the body & their components
- **Impairment** ⇨ problems in body functions & structures
 - Exs: impaired sensory detection & processing; muscle weakness, impairments in balance & motor planning, reduced endurance & poor physical fitness, skeletal mal-alignment & joint contracture.
- **Activity** ⇨ the performance of a task or an action by an individual
 - represents the integrated use of body functions
 - Exs: maintaining and changing body positions, walking, manipulating objects, self-care, speaking
- **Activity limitations** ⇨ difficulties in performing age-appropriate tasks & actions
- **Participation** ⇨ involvement in life situations
 - Exs: learning, understanding & being understood, making & keeping friends
- **Participation restriction** ⇨ problems with involvement in life situations
 - Exs: home life, school & community activities, social relationships
- **Environmental factors** ⇨ the physical, social & attitudinal environment in which people live & conduct their lives
 - Exs: products & technology, support & relationships, attitudes, services, systems & policies, natural & human-made changes to the environment
- **Personal factors** ⇨ the particular background of the individual's life & living that are not part of a health condition or disorder
 - Exs: gender, race/ethnicity, age & age-related factors such as physical growth & neurological maturation, personality, lifestyle, habits & interests, coping styles, past & current experiences