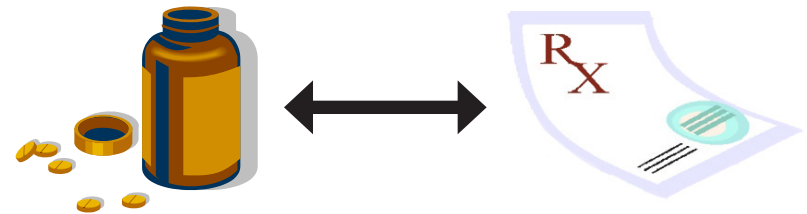


A Quick Guide to Medication Reconciliation for Patients



UHN

What Is Medication Reconciliation?



It's a formal process:

Comparing **YOUR** up-to-date and complete list of medications that you take at home

versus

Medications ordered during **YOUR** hospital stay

Medication Reconciliation helps to ensure that **YOU** continue to receive the right medications at the hospital

Reference:
www.ismp-canada.org

Patient Education

Improving health through education

Please visit the UHN Patient Education website for more health information: www.uhnpatienteducation.ca
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Medication Reconciliation...

- Makes sure that the right medications are given to you at the hospital and when you go home.
- Allows patients and their family members to partner with their health care team to make sure that their list of medications taken at home is up-to-date and complete.
- Is when we compare your home medication list with medications ordered at the hospital, then and resolve any differences so that you receive the right medications.

Patients and healthcare professionals can partner together to make sure that medications are used safely.

By working together, WE can prevent medication errors.

You Can Play An Active Role By....

- Bringing ALL your medications or a complete medication list to the hospital
- Providing your health care team with your pharmacy contact information (found on your pill bottle) and your family doctor's name and phone number.
- Taking part in the review of your new and old medications with a doctor, nurse, or pharmacist
- Updating your medication list regularly and writing down any changes made by you or your doctor

Medication Safety

Keep your medications in their original bottles because....

- Many pills look alike and can be difficult to identify when stored together in one bottle
- It allows you to double check the medication before you take it
- It helps you keep track of when you need a new refill
- It gives you information about the pills you take, and means you always have your pharmacy contact number with you

Reminders...

- Store your medications away from children and pets
- Do not chew, crush, or break capsules unless directed
- Do not hesitate to contact your pharmacist if you have any questions or concerns about your medications

Tips on Making a Medication List

You can organize your medications into a table (you can use the table in this pamphlet.)

What Should I Include on My Medication List?

1. ALLERGIES

- Medications, Food, and Environmental

2. Prescription Medications

- such as Antibiotics, blood pressure pills

3. Non-Prescription Medications

- such as Acetaminophen (Tylenol[®]), Aspirin

4. Vitamins and Minerals

- such as Vitamin D, Calcium

5. Herbal Medications

- such as St. John's Wort

6. Supplements

- such as Glucosamine, Coenzyme Q10

Don't Forget:

- Eye/ear drops
- Inhalers or Nasal Sprays
- Medicated Patches or Creams
- Injectable medications (such as Insulin)
- Medication Samples from Your Doctor

Medication Reconciliation is Done When You Are...



Admitted as a patient upon **arrival** to the hospital



Transferred from one area of the hospital to another



Going **home** from the hospital

It is also performed when you visit certain outpatient clinics at the hospital

Medication List for: _____

Date: _____

Pharmacy Number (on pill bottle): _____

Family Doctor Name/Number: _____

Medication Name	Strength (mg)	How Many Each Time?	When Do You Take It? (Check all that apply)				What Do You Take It For?
			Morning	Afternoon	Evening	Bedtime	
Example: Atorvastatin (Lipitor)	10 mg	1 tablet				✓	High Cholesterol

Medication Allergies and Reaction: _____

Here are some tips to make your medication list →